



# A MEDITATION FOR MOVING UP

*Today, I forgive myself for the mistakes of my past.*

*I will start from this moment to build the career I want.*

*I recognize that writing is my superpower.*

*I will ask questions in order to make my gigs successful.*

*I will speak up to demand fair pay.*

*I will not act out of desperation, and instead choose clients with care.*

*I will free myself of toxic work relationships and fruitless marketing activities, and strive to make better future choices.*

*I will treat my freelance writing career like a business.*

*I deserve to be well-paid and well-treated for my work.*

